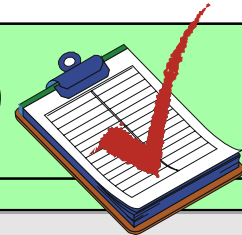


CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

June 19, 2000

NEWS BRIEFS

TRAINING SPOTS OPEN

There are 10 slots available in the June 27-29 Supervisory Training workshop. The workshop will be held at 100 Fair Oaks, 4th floor conference room, beginning 8:30 a.m. To register, contact Priscilla McCowan at 564-5705, ext. 3906 or priscilla.mccowan@mail.state.ky.us

PENNINGTON APPOINTED TO NATIONAL BOARD

MHMR Commissioner Margaret Pennington has been appointed to the National Association of State Mental Health Program Directors (NASMHPD) board. NASMHPD is comprised of the commissioners of the 55 states and territories. Commissioner Pennington will be representing the southern states.



TIP OF
THE
WEEK

Sinusitis (inflammation of the sinus cavities in your head) is caused by a drainage problem, and often occurs in people who have had a cold or a bout of allergies. Home remedies can be effective supplements to your medical treatment. Drink lots of fluids, try steam inhalers and hot showers, and spicy foods that open your nasal passages.

Marks Named Deputy Secretary; Friedlander To Commission

Ann Marks, currently executive director of the Kentucky Commission for Children with Special Health Care Needs, has been named Deputy Secretary in the Cabinet for Health Services.

Eric Friedlander has been named to replace Marks at the commission. Friedlander is currently branch manager for budget and policy in the Office for Program Support in the cabinet.

The appointments are effective July 1, but Marks and Friedlander will share their time between the cabinet and the commission during the transition.

Health Services Secretary Jimmy D. Helton said, "Ann has done a superb job in leading the commission during a period of change and professional growth and improve-

ment. She brings a wealth of medical and management experience to her new job.

"Ann's strengths will compliment those of my other deputy, Marcia Morgan, and I am confident that she will be of invaluable assistance to me in managing the professional and medical aspects of our various health programs."

"Eric has previously served as acting executive director of the commission and during that period his performance was excellent," Secretary Helton said. "I believe we could not have found a better qualified person to take over from Ann and build on the innovative program changes she has initiated."



Pace Picks Newsletter Name: CHS Checkup

The winner of our name-the-newsletter contest is Steven T. Pace, health program administrator in the Division of Substance Abuse. His suggestion of CHS Checkup was chosen by a panel of judges from the Secretary's Office and Office of Communications.

The new name goes into effect with this issue. CHS Checkup was among 27 entries considered.

Pace, a 25-year state government veteran, received a \$150 gift certificate for Kentucky State Parks for his winning entry.



Secretary Jimmy Helton, right, presents a gift certificate to Steven Pace last week.

Renovation Work Underway In Complex

Renovation work has started or soon will start in the CHR Lobby, front entrance and parking area. This is a part of the overall security upgrade that has been ongoing for the past few months.

The work in the parking lot along rows L and M is to facilitate parking and access to the building for disabled visitor parking.

The cuts being made to the concrete island in front of the building are a part of the reconfiguration of the driveway to allow people to be dropped off. There will also be two new walkways through the island. Once this

is completed the current drive under the front of the building will no longer be accessible to vehicles, except in an emergency.



The contractor will soon be blocking off part of the front lobby to begin construction of the new Visitor and Security stations. All work within that area will be performed within an enclosure. This is to be performed in two phases to allow for access and egress to and from Vitals and other

areas of the building. There may be some noise. Employees are asked to be patient during this part of the project.

Employees will also notice work has begun at the breezeway between the CHR and Health Services buildings. This area will have a roll-up gate to further enhance the security of the complex. Completion is expected by the end of October.

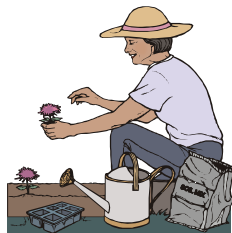
Feel free to contact John Mynhier or Phil Adkins at 564-2640 with any questions or problems.



State Fair: Looking For Carpenters And Others

If you know how to use wood, a hammer and nails to create attractive and practical items such as fencing, and other display items, we need your help.

The Kentucky State Fair, August 17-27, is just two months away. CHS' exhibit will be located in the Health Fair area in the South Wing again this year. We will encourage fairgoers to visit our **Garden of Good Health** by offering helpful health-related information and giveaways. Featured programs include: milk, food, environmental management,



mental health and mental retardation, aging, nursing home and daycare inspections, body content analysis, children with special health care needs, child safety, early childhood development, vital statistics, teen pregnancy prevention, smoking cessation, and KCHIP.

Our theme is *Build A Healthy Tomorrow Today*. Within the **Garden of Good Health** fairgoers will be treated to a creative backyard garden setting complete with picnic tables, grills, flowers, and vegetables. Exhibits will focus on preventative health information.

In order to make our exhibit a reality, we are soliciting assistance in the area of carpentry and assembly. If you have carpentry skills and are interested in helping us build the display, please contact Janis Stewart at 564-6786 or JanisM.Stewart@mail.state.ky.us



Check It Out

Steve Anderson, branch manager for the Financial Management & Reporting Branch, likes to check out health care articles at: <http://health.msn.com/> He says it features different health stories each day that he likes to check.

The CHS Checkup is a newsletter for employees of the Kentucky Cabinet for Health Services. Please direct contributions or comments to the Office of Communications, 502-564-6786. Printed with state funds.

